Luke 5:16 NLT But Jesus often withdrew to the wilderness for prayer.

Matthew 14:23 NLT After sending them home, he went up into the hills by himself to pray. Night fell while he was there alone.

We step back so we can step back up!

Rest to rise!

Matthew 11:28-30 NLT

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my <u>yoke</u> is easy to bear, and the burden I give you is light."

Stay engaged when you're gone!

1 Thessalonians 2:17 ESV

But since we were torn away from you, brothers, for a short time, in person <u>not in heart</u>, we endeavored the more eagerly and with great desire to see you face to face.

Philippians 1:3-4 NLT

Every time I think of you, I give thanks to my God. Whenever I pray, I <u>make my requests for all of you</u> with joy

Hebrews 13:16 NLT

And don't forget to <u>do good and to share</u> with those in need. These are the sacrifices that please God.

Get away don't stay away!

Hebrews 10:24-25 HCSB

And let us be concerned about one another in order to promote love and good works, not staying away from our worship meetings, as some <u>habitually do</u>, but encouraging each other, and all the more as you see the day drawing near.