

There's a whole lot you can't control in life,
but you can always control your attitude!

Philippians 2:5

Your attitude should be the same as that of Christ Jesus

phroneo (fron-eh'-o); to exercise the mind, to have a strong opinion; to be (mentally) decided.

What's My Struggle:

___ Personal Negativity ___ Relational Negativity ___ Circumstantial Negativity
___ Spiritual Negativity ___ Nit-Picking Negativity

How's My Attitude?

Psalm 118:24

This is the day the LORD has made;
let us rejoice and be glad in it.

Ephesians 4:22-24 NLT

Throw off your old sinful nature and your former way of life, which is corrupted by lust and deception.
Instead, let the Spirit renew your thoughts and attitudes.
Put on your new nature, created to be like God—truly righteous and holy.

3 Attitude Renewing Decisions:

1. I'll stop hanging out with negative people!

Psalm 1:1-4 NIV

Blessed is the person who does not walk in the counsel of the wicked,
Nor stand in the path of sinners, Nor sit in the seat of scoffers!
But his delight is in the Law of the Lord, And on His Law he meditates day and night.
He will be like a tree planted by streams of water, Which yields its fruit in its season,
And its leaf does not wither; And in whatever he does, he prospers.

2. I'll stop yielding power to my negative thoughts!

2 Corinthians 10:3-5 NLT

We are human, but we don't wage war as humans do. We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.

3. I'll start replacing my negative thoughts with God's thoughts!

Philippians 4:8 NLT

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.