

Exodus 23:29-30 NIV

But I will not drive them out in a single year, because the land would become desolate and the wild animals too numerous for you. Little by little I will drive them out before you, until you have increased enough to take possession of the land.

Zechariah 4:10 NLT

Do not despise these small beginnings, for the LORD rejoices to see the work begin, to see the plumb line in Zerubbabel's hand.

God delights in doing big things through small beginnings!

John 13:15 CEV

I have set the example, and you should do for each other exactly what I have done for you.

“Making a choice that is 1 percent better or 1 percent worse seems insignificant in the moment, but over the span of moments that make up a lifetime, these choices determine the difference between who you are and who you could be. Success is the product of daily habits—not once-in-a-lifetime transformations.”

James Clear *Atomic Habits

For a small habit to have success it must be...

Small - _____

Strategic - _____

Simple - _____

Sustainable - _____

21/90 Rule:

Commit to a personal or professional goal for 21 straight days.

After three weeks, the pursuit of that goal should have become a habit.

Once you've established that habit, you continue to do it for another ninety days to turn it into a trait.

1 Timothy 4:7-8 ESV

Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.