

Matthew 11:28-30 GNT

“Come to me, all of you who are tired from carrying heavy loads, and I will give you rest. Take my yoke and put it on you, and learn from me, because I am gentle and humble in spirit; and you will find rest. For the yoke I will give you is easy, and the load I will put on you is light.”

Genesis 1:5 ESV

God called the light Day, and the darkness he called Night.  
And there was evening and there was morning, the first day.

Genesis 1:31 ESV

And God saw everything that he had made, and behold, it was very good.  
And there was evening and there was morning, the sixth day.

God’s pattern for living rested in an exhausting world is to:  
Rest first. Work Second.

**Because...resting is trusting that God is enough!**

Philippians 4:19 NLT

And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.

2 Peter 1:3 ESV

His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence...

**Because...God’s to-done list is bigger than my to-do list!**

2 Corinthians 1:20-22 NLT

For all of God’s promises have been fulfilled in Christ with a resounding “Yes!” And through Christ, our “Amen” (which means “Yes”) ascends to God for his glory.

It is God who enables us, along with you, to stand firm for Christ. He has commissioned us, and he has identified us as his own by placing the Holy Spirit in our hearts as the first installment that guarantees everything he has promised us.

He created you

He saved you

He healed you

He adopted you

He comforted you

He called you

He gifted you

He went before you

He followed after you

He is with you