There aren't many "permanent fixes" in life, so equip your child to do the ongoing maintenance!

3 steps to equipping your children:

Lead by consistent example

Deuteronomy 11:18-20 NLT

So commit yourselves wholeheartedly to these words of mine. Tie them to your hands and wear them on your forehead as reminders. Teach them to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Write them on the doorposts of your house and on your gates...

Show them how then let them try

Proverbs 22:6 NLT

Direct your children onto the right path, and when they are older, they will not leave it.

Proverbs 1:8-9 NLT

My child, listen when your father corrects you. Don't neglect your mother's instruction. What you learn from them will crown you with grace and be a chain of honor around your neck.

Praise what you want repeated

Colossians 3:21 NET

Fathers, do not provoke your children, so they will not become disheartened.

Proverbs 17:22 NLT

A cheerful heart is good medicine, but a broken spirit saps a person's strength.

Proverbs 16:24 NET

Pleasant words are like a honeycomb, sweet to the soul and healing to the bones.