

We see pain as a problem to be avoided,  
but really it's a process that needs to be navigated!

James 1:2-4 CEV

My friends, be glad, even if you have a lot of trouble. You know that you learn to endure by having your faith tested. But you must learn to endure everything, so that you will be completely mature and not lacking in anything.

### **3 Mistakes we make regarding pain:**

#### **We remove consequences**

Proverbs 19:18-19 NLT

Discipline your children while there is hope. Otherwise you will ruin their lives. Hot-tempered people must pay the penalty. If you rescue them once, you will have to do it again.

#### **We prioritize their happiness**

Proverbs 29:15 CEV

Correct your children, and they will be wise; children out of control disgrace their mothers.

#### **We minimize their exposure**

Exodus 10:1-2 NCV

The Lord said to Moses, "Go to the king of Egypt. I have made him and his officers stubborn so I could show them my powerful miracles. I also did this so you could tell your children and your grandchildren how I was hard on the Egyptians. Tell them about the miracles I did among them so that all of you will know that I am the Lord."