

1 Timothy 6:3-5 NIV

If anyone teaches otherwise and does not agree to the sound instruction of our Lord Jesus Christ and to godly teaching, they are conceited and understand nothing. They have an unhealthy interest in controversies and quarrels about words that result in envy, strife, malicious talk, evil suspicions and constant friction between people of corrupt mind, who have been robbed of the truth and who think that godliness is a means to financial gain.

8 toxic traits:

Know it all

Arrogant

Disagreeable

Argumentative

Jealous

Causes tension

Creates suspicion and friction

Greediness

“Learning how to deal with toxic people isn’t first and foremost about protecting ourselves, our joy, our reputation, or even our sanity. It’s primarily about protecting our mission!” - Gary Thomas

Toxic people can derail, discourage, and defeat you from following your mission...if you let them!

Exercise Compassion

Matthew 9:36-37 ESV

When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few;

Extend Mercy

Luke 6:27-28,35-36 ESV

“But I say to you who hear, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you...

...But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil. Be merciful, even as your Father is merciful.

Excuse Yourself

Titus 3:9-11 ESV

But avoid foolish controversies, genealogies, dissensions, and quarrels about the law, for they are unprofitable and worthless. As for a person who stirs up division, after warning him once and then twice, have nothing more to do with him, knowing that such a person is warped and sinful; he is self-condemned.