

Genesis 2:18-25 HCSB

Then the Lord God said, "It is not good for the man to be alone. I will make a helper as his complement." So the Lord God formed out of the ground every wild animal and every bird of the sky, and brought each to the man to see what he would call it. And whatever the man called a living creature, that was its name. The man gave names to all the livestock, to the birds of the sky, and to every wild animal; but for the man no helper was found as his complement. So the Lord God caused a deep sleep to come over the man, and he slept. God took one of his ribs and closed the flesh at that place. Then the Lord God made the rib He had taken from the man into a woman and brought her to the man. And the man said:

This one, at last, is bone of my bone and flesh of my flesh;
this one will be called "woman," for she was taken from man.

This is why a man leaves his father and mother and bonds with his wife, and they become one flesh.
Both the man and his wife were naked, yet felt no shame.

Relationship Goals

1. Christ-Centered
2. Mission-Driven
3. Devil-Kicking
4. Covenant-Keeping Marriage

Really Ridiculous Myth: In order to be happy I have to find my ONE!

A Christ-Centered marriage means that...
Jesus is my one, my spouse is my two!

Matthew 7:24-28 NIV

Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.

First Step: Christ-Centered couples pray together every day!

Philippians 4:6-7 NLT

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

How To:

- Keep is short
- Keep it consistent
- If you miss a day, don't miss two!