

Ephesians 4:26-27,29-32 NIV

“In your anger do not sin”: Do not let the sun go down while you are still angry,
and do not give the devil a foothold...

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Being offended is inevitable...
Living offended is a choice!

It's okay if you get angry, it's not okay if you stay angry

3 Footholds:

1. Divide
2. Distract
3. Discredit

Forgiveness doesn't release them from responsibility, it frees you to move on