

Time is measured in minutes, Life is measured in moments!

Ephesians 5:16 ESV

Making the best use of the time, because the days are evil.

Ephesians 5:16 NLT

Make the most of every opportunity in these evil days.

Ephesians 5:16 AMP

Making the very most of your time [on earth, recognizing and taking advantage of each opportunity and using it with wisdom and diligence], because the days are [filled with] evil.

Chronos - quantity of time

Kairos - quality of life

God can make time expand or contract

2 Peter 3:8 NIV

But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day.

God can make time stand still

Joshua 10:12-14 NLT

On the day the Lord gave the Israelites victory over the Amorites, Joshua prayed to the Lord in front of all the people of Israel. He said, "Let the sun stand still over Gibeon, and the moon over the valley of Aijalon."

So the sun stood still and the moon stayed in place until the nation of Israel had defeated its enemies.

Is this event not recorded in The Book of Jashar? The sun stayed in the middle of the sky, and it did not set as on a normal day. There has never been a day like this one before or since, when the Lord answered such a prayer. Surely the Lord fought for Israel that day!

God can make time go backwards

2 Kings 20:9-11 NLT

Isaiah replied, "This is the sign from the Lord to prove that he will do as he promised. Would you like the shadow on the sundial to go forward ten steps or backward ten steps?"

"The shadow always moves forward," Hezekiah replied, "so that would be easy. Make it go ten steps backward instead." So Isaiah the prophet asked the Lord to do this, and he caused the shadow to move ten steps backward on the sundial of Ahaz!

God can make time powerless

Joshua 14:10-12 NLT

"Now, as you can see, the Lord has kept me alive and well as he promised for all these forty-five years since Moses made this promise—even while Israel wandered in the wilderness. Today I am eighty-five years old. I am as strong now as I was when Moses sent me on that journey, and I can still travel and fight as well as I could then. So give me the hill country that the Lord promised me.