# Choose peace over panic

#### Mark 4:35-41 ESV

On that day, when evening had come, <u>he said to them, "Let us go across to the other side."</u> And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. And a great windstorm arose, and the <u>waves were breaking into the boat</u>, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

### Find <u>purpose</u> over <u>pain</u>

### Genesis 50:18-21 NLT

Then his brothers came and threw themselves down before Joseph. "Look, we are your slaves!" they said. But Joseph replied, "Don't be afraid of me. Am I God, that I can punish you? You intended to harm me, but God intended it all for good. He brought me to this position so <u>I could save the lives of many people</u>. No, don't be afraid. I will continue to <u>take care of you and your children</u>." So he reassured them by speaking kindly to them.

## <u>Grow</u> through it, don't just go through it

#### Romans 5:3-5 NLT

We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.