"God is faithful; he will not let you be tempted beyond what you can bear."

### 2 Corinthians 1:8-9 NLT

We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed <u>beyond our ability to endure</u>, and we thought we would never live through it. In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead.

# God's <u>gonna give you more</u> than you can handle, but never more <u>than He can handle</u>.

#### 1 Corinthians 10:6-11 NIV

Now these things occurred as examples to keep us from setting our hearts on evil things as they did. Do not be idolaters, as some of them were; as it is written: "The people sat down to eat and drink and got up to indulge in revelry." We should not commit sexual immorality, as some of them did—and in one day twenty-three thousand of them died. We should not test Christ, as some of them did—and were killed by snakes. And do not grumble, as some of them did—and were killed by snakes. And do not grumble, as written down as warnings for us, on whom the culmination of the ages has come.

#### 1 Corinthians 10:12-13a NLT

If you think you are standing strong, be careful not to fall. The temptations in your life are no different from what others experience. And God is faithful...

# Three absolute truths about trials and temptations:

- 1. No-one is immune
- 2. Everyone has a struggle
- 3. Only One is faithful
- 1 Corinthians 10:13b-14 NLT

...He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. So, my dear friends, flee from the worship of idols.

Two encouraging truths about God during trials and temptations:

- 1. There's a threshold that God won't cross
- 2. There's a path that will God will show you

## 2 Corinthians 12:9-10 NLT

Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.