

SEEK GOD  
FIGHT FAIR  
HAVE FUN  
STAY PURE  
NEVER GIVE UP

Hebrews 13:4 NIV  
Marriage should be honored by all, and the marriage bed kept pure,  
for God will judge the adulterer and all the sexually immoral.

## Purity is both Behavioral and Emotional!

### Behavioral Purity: My Actions

Ephesians 5:3 NIV

But among you there must not be even a hint of sexual immorality, or of any kind of impurity...

Proverbs 5:8 NIV

Keep to a path far from her, do not go near the door of her house.

1 Corinthians 6:18 NIV

Flee from sexual immorality. All other sins a person commits are outside the body,  
but whoever sins sexually, sins against their own body.

### Emotional Purity: My Heart

Psalms 119:9-11 NIV

How can a young person stay on the path of purity? By living according to your word. I seek you with all my heart; do not let me stray from your commands. I have hidden your word in my heart that I might not sin against you.

Matthew 5:28 NIV

But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

Proverbs 4:23 NIV

Above all else, guard your heart, for everything you do flows from it.

### Three Potential Responses To Impurity:

- Defensive - A belief that your actions are on some level acceptable
- Regretful - A feeling of regret that you were caught and now have to deal with the fallout
- Repentant - A deep sorrow for your actions and the pain it causes others

2 Corinthians 7:10 NIV

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.