

Men and Women were created to crave intimacy differently!

Women spell intimacy: TIME

Men spell intimacy: SEX

Embrace your differences

Genesis 1:27 NLT

So God created human beings in his own image. In the image of God he created them; male and female he created them.

Remember your body isn't yours

1 Corinthians 6:18-20 NLT

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

Commit your body to making intimacy your highest priority

1 Corinthians 7:3-5 NASB

The husband must fulfill his duty to his wife, and likewise also the wife to her husband. The wife does not have authority over her own body, but the husband does; and likewise also the husband does not have authority over his own body, but the wife does. Stop depriving one another, except by agreement for a time, so that you may devote yourselves to prayer, and come together again so that Satan will not tempt you because of your lack of self-control.

Husbands: Your wife's emotional needs far outweigh her sexual needs

Wives: Your husbands masculinity is directly connected to his sexuality

Response

Big Commitment To My Spouse:

I'm making intimacy with you my highest earthly priority