Ephesians 5:20 ESV

Giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ...

Psalm 50:23a NLT

But giving thanks is a sacrifice that truly honors me.

Being thankful isn't always easy, but it's always right!

Keeps me from being all about me

Ephesians 1:16-17 NLT

I have not stopped thanking God for you. I pray for you constantly, asking God, the glorious Father of our Lord Jesus Christ, to give you spiritual wisdom[a] and insight so that you might grow in your knowledge of God.

Allows me to see a <u>bigger picture</u>

1 Thessalonians 5:18-19 NLT

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. Do not stifle the Holy Spirit.

Fills me with joy

Psalm 118:23-24 ESV

This is the Lord's doing; it is marvelous in our eyes. This is the day that the Lord has made; let us rejoice and be glad in it.

Opens me to better relationships

Colossians 3:17-20 HCSB

And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him. Wives, be submissive to your husbands, as is fitting in the Lord. Husbands, love your wives and don't be bitter toward them. Children, obey your parents in everything, for this pleases the Lord.

Frees me to worship

Psalm 100:2-4 NLT

Worship the Lord with gladness. Come before him, singing with joy. Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise, Give thanks to him and praise his name.

Response I'm choosing to show gratitude and appreciation!