

Proverbs 21:23 NCV

Those who are careful about what they say keep themselves out of trouble.

James 3:8 NIV

...no human being can tame the tongue. It is a restless evil, full of deadly poison.

Gossip destroys your ability to have genuine relationships!

Romans 1:29,32 NLT

Their lives became full of every kind of wickedness, sin, greed, hate, envy, murder, **quarreling**, **deception**, **malicious behavior**, and **gossip**...They know God's justice requires that those who do these things deserve to die, yet they do them anyway. Worse yet, they encourage others to do them, too.

4 Forms of Gossip:

Drama Gossip

Proverbs 16:28 NIV (Debbie Drama)

A perverse person stirs up conflict, and a gossip separates close friends.

Secrets Gossip

Proverbs 11:13 NLT

A gossip goes around telling secrets, but those who are trustworthy can keep a confidence.

Juicy Gossip

Proverbs 26:22 NIV

The words of a gossip are like choice morsels; they go down to the inmost parts.

False Gossip

Proverbs 17:4 NLT

Wrongdoers eagerly listen to gossip; liars pay close attention to slander.

2 Steps to Conquer Gossip:

Identify and Avoid

Proverbs 20:19 NIV

A gossip betrays a confidence; so avoid anyone who talks too much.

Restrict and Quit

Proverbs 26:20 NLT

Fire goes out without wood, and quarrels disappear when gossip stops.

Response

I'm committing to building trust in my relationships!