

Proverbs 12:22 NLT

The Lord detests lying lips, but he delights in those who tell the truth.

Psalms 101:7 NIV

No one who practices deceit will dwell in my house; no one who speaks falsely will stand in my presence.

## The more I lie, the less I look like Christ

Colossians 3:9-10 NLT

Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds. Put on your new nature, and be renewed as you learn to know your Creator and become like him.

John 8:44 NIV

You belong to your father, the devil, and you want to carry out your father's desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the **father of lies**.

Proverbs 25:18 NLT

Telling lies about others is as harmful as hitting them with an ax, wounding them with a sword, or shooting them with a sharp arrow.

## What happens to me when I lie...

To myself: I become delusional

1 Corinthians 3:18-19 NLT

Stop deceiving yourselves. If you think you are wise by this world's standards, you need to become a fool to be truly wise. For the wisdom of this world is foolishness to God. As the Scriptures say, "He traps the wise in the snare of their own cleverness."

About myself: I damage my reputation

Proverbs 12:19 NLT

Truthful words stand the test of time, but lies are soon exposed.

Proverbs 10:9 NLT

People with integrity walk safely, but those who follow crooked paths will be exposed.

To or about others: I destroy myself

Proverbs 26:24-28 NLT

People may cover their hatred with pleasant words, but they're deceiving you. They pretend to be kind, but don't believe them. Their hearts are full of many evils. While their hatred may be concealed by trickery, their wrongdoing will be exposed in public. If you set a trap for others, you will get caught in it yourself. If you roll a boulder down on others, it will crush you instead. A lying tongue hates its victims, and flattering words cause ruin.

John 8:31-32 NLT

...“If you hold to my teaching, you are really my disciples.  
Then you will know the truth, and the truth will set you free.”

\*\*\*Response\*\*\*

I'm choosing to live free in the truth