

MANifesto:

I will pursue my God recklessly!  
I will improve myself continually!  
I will love my family unconditionally!  
I will do my job excellently!

**I will do whatever is necessary to...**

### **Strengthen My Spirit**

Ephesians 3:16-18 NLT

I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is.

### **Discipline My Body**

1 Corinthians 9:25-27 NLT

All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.

### **Guide My Emotions**

Proverbs 16:18-19 MEV

Pride goes before destruction, and a haughty spirit before a fall. Better it is to be of a humble spirit with the lowly than to divide the spoil with the proud.

Proverbs 16:32 CEV

Controlling your temper is better than being a hero who captures a city.

### **Sharpen My Mind**

1 Peter 1:13 NLV

Get your minds ready for good use. Keep awake. Set your hope now and forever on the loving-favor to be given you when Jesus Christ comes again.

\*\*\*Response\*\*\*

I'm choosing to get serious about improving myself!